

## **Outpatient Services**

Reimbursement requests may be submitted for eligible out-of-pocket expenses related to outpatient counseling and mental health services (including telehealth), made available by a defined group of mental health provider types.

Eligible services\* include diagnostic evaluation, individual psychotherapy, family or group psychotherapy, psychological or neuropsychological test administration and scoring, psychotherapy for crisis, and transcranial magnetic stimulation (TMS).

Survivors with insurance will supply a copy of Explanation of Benefits (EOB) from all insurance companies that covered outpatient services for the survivor's reimbursement request, along with a completed Reimbursement Form.

Survivors who do not have insurance will supply a paid invoice or superbill from the mental health provider, along with a completed Reimbursement Form.

Provisions of the MSU Counseling & Mental Health Services Fund:

All mental health services must be provided by a licensed mental health professional;

## Exceptions:

- Medical procedures for related physical injuries (as approved by a mental health provider or primary care physician in writing) and visits with a primary care physician as it relates to treatment or medication maintenance for mental health;
- Holistic treatments related to mental health that are not explicitly specified under the current Fund Guidelines, (e.g., somatic yoga therapy, acupuncture, etc.) as approved by a mental health provider or primary care physician in writing, which may be submitted for consideration of eligibility;
- Reimbursement is limited to out-of-pocket expenses, including deductibles, co-pays or co-insurance;
- All available insurance coverage must be exhausted to qualify for reimbursement;
- The Fund is the payor of last resort.

Eligible outpatient counseling and mental health services are listed below.

For questions related to outpatient services reimbursement, contact JND Legal Administration at <a href="mailto:info@MSUHealingFund.com">info@MSUHealingFund.com</a> or call toll-free 1-877-250-6408, Monday-Friday between the hours of 8:30 a.m. and 5:00 p.m., Pacific.

\*Services that are not expressly listed as ineligible may be submitted for consideration and are reviewed on a case-by-case basis. If you are not certain if the service you are receiving--or are interested in receiving--is eligible, please contact JND Legal Administration.

## Eligible Outpatient Counseling & Mental Health Services

Service Code	<u>Description</u>
90785+	Interactive complexity
90791	Psychiatric Diagnostic Evaluation without medical services
90792	Psychiatric Diagnostic Evaluation with medical services
90832	Psychotherapy, 30 minutes with patient



Psychotherapy, 30 minutes w/patient, when performed with an evaluation & management service  90836+ Psychotherapy, 45 minutes with patient  90836+ Psychotherapy, 60 minutes with patient  90837 Psychotherapy, 60 minutes with patient  90838+ Psychotherapy, 60 minutes with patient  90839 Psychotherapy for crisis; first 60 minutes  90840+ Psychotherapy for crisis; each additional 30 minutes  90846 Family psychotherapy 50 minutes without the patient present  90847 Family psychotherapy (conjoint) 50 minutes with the patient present  90849 Multiple-family group psychotherapy  90853 Group psychotherapy (other than multiple-family group)  90867 Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; initial, including cortical mapping, motor threshold determination, delivery & management  90868 Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent delivery & management, per session  90869 Therapeutic repetitive TMS treatment; subsequent motor threshold re-determination with delivery & management  90875 Individual Psychophysiological Therapy w/biofeedback, face-to-face w/patient, approximately 20-30 min  90876 Individual Psychophysiological Therapy w/biofeedback, face-to-face w/patient, approximately 45-50 min  90801 Biofeedback training, any modality  Psych testing eval services by physician or other qualified health care prof, including integration of patient
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data, interpretation of standardized test results & clinical data, clinical decision making, treatment planning/report, interactive feedback to patient, family or caregiver, when performed; first hour
96131+ Each additional hour
96136 Psych/neuropsych test admin/scoring by physician or other qualified health care prof, 2 or more tests, any method, first 30 min
96137+ Each additional 30 minutes
Psychological or neuropsychological test administration & scoring by technician, two or more tests, any method, first 30 minutes
96139+ Each additional 30 minutes
96146 Psychological or neuropsychological test admin, w/single automated instrument via electronic platform, w/automated result only
99201 New patient, Brief Service
99202 New patient, Limited Service
99203 New patient, Intermediate Service, low complexity
99204 New Patient, Extended Service, moderate complexity
99205 New Patient, Comprehensive Service, high complexity
99211 Established Patient, Brief Service
99212 Established Patient, Limited Service
99213 Established patient, Intermediate Service, low complexity
99214 Established Patient, Extended Service, moderate complexity



99215	Established Patient, Comprehensive Service, high complexity
0905	Intensive Outpatient Psychiatric Service
S9480a	Intensive Outpatient Psychiatric Services, per diem